

## The natural complement to drug stimulants for managing ADHD

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ADDRESSES THE “WHOLE” SYMPTOM COMPLEX  
CLINICALLY PROVEN  
ROOT CAUSE TREATMENT  
SUPPORTS KEY NUTRITIONAL DEFICIENCIES  
RECOMMENDED BY KOL PSYCHIATRISTS

**EnLyte**<sup>®</sup>  
[enlyterx.com](http://enlyterx.com)



# EnLyte is an Evidence-Based, All-Natural Adjunctive Treatment Strategy for **ADHD AND THE COMPLETE SYMPTOM COMPLEX**



ADHD has been traditionally viewed, and treated, as purely disorders of attention and hyperactivity. Stimulant therapy remains standard of care, first-line treatment. However, when ADHD is viewed correctly as a cluster of symptoms, it becomes clear that stimulant therapy addresses only one aspect of the condition."

*Andrew Farah MD, Psychiatrist,  
Distinguished Fellow APA*

## **ADHD is a Triad of Illness Manifestation**

### **TRADITIONAL SYMPTOMS**

**100%**  
INCIDENCE

- Hyperactivity
- Inattention
- Lack of Focus
- Impulsivity

### **EMOTIONAL DYSREGULATION:**

**50%**  
INCIDENCE

- Hostility
- Disruptive
- Aggressive Behavior
- Intense emotional-difficulty
- Irritability
- Sleep Problems

### **PSYCHIATRIC COMORBIDITIES:**

**80%**  
INCIDENCE

- Anxiety, Depression with or without bipolar disorder
- Addiction with or without substance abuse
- Autistic spectrum disorder
- Personality disorder
- Learning disorder



# SMALL GEL CAP

In combination with drug stimulants or used as monotherapy, EnLyte contains all the vitamin coenzymes, mineral cofactors, and brain omega 3's needed to treat the symptoms and biochemical root causes of ADHD and comorbidities by:

**1.**

**Normalizing and balancing the neurotransmitters (dopamine, norepinephrine, serotonin, GABA).**

**2.**

**Normalizing neurotransmission.**

These CNS biochemical actions regulate attention, focus, impulsivity, hyperactivity and normalize symptomology associated with psychiatric comorbidities.

## EASY TO SWALLOW

- Dye-Free
- Gluten-Free
- No side-effects

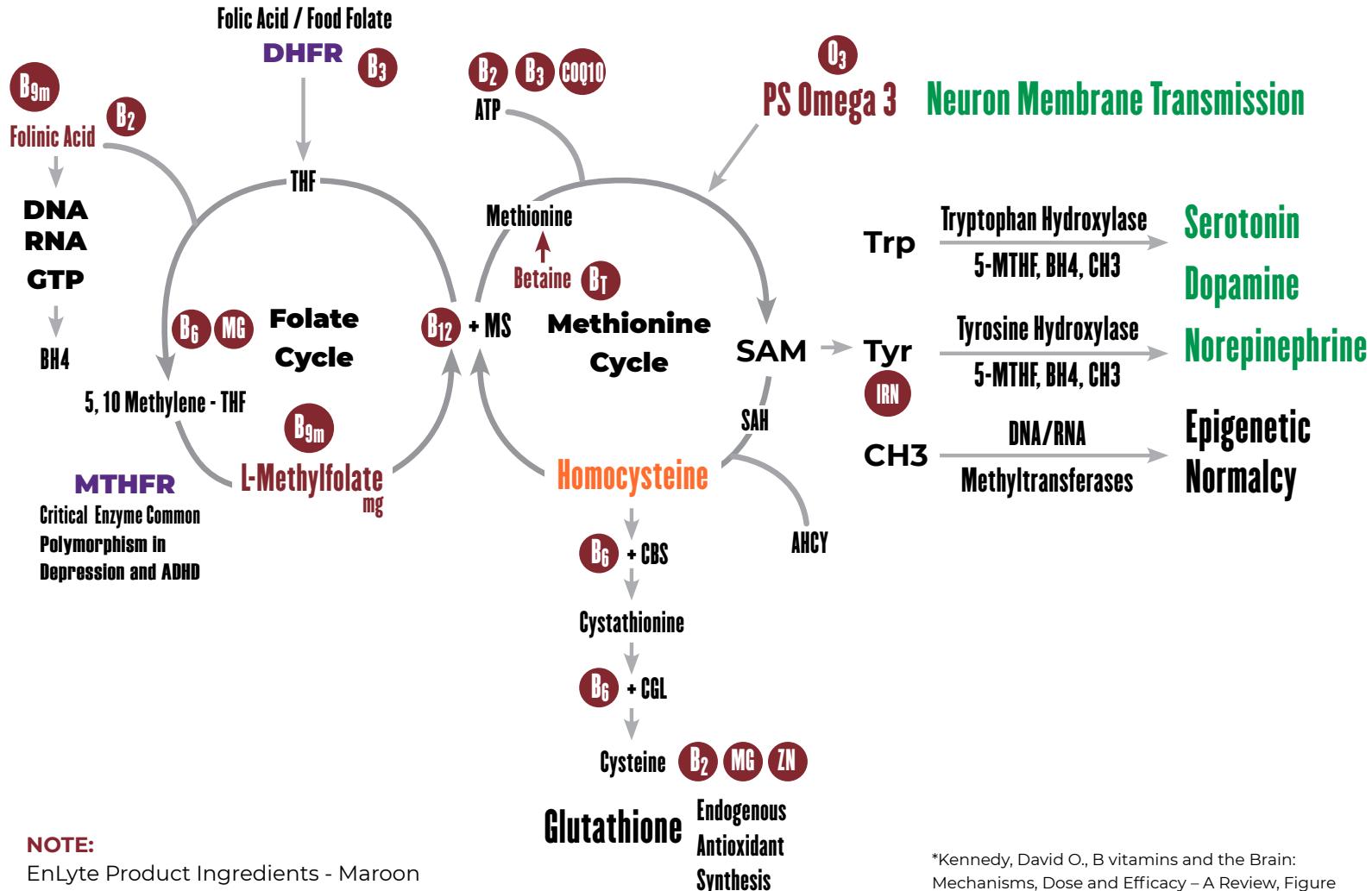


## SAFE INGREDIENTS

L-Methylfolate Magnesium.....	7 mg
Folinic Acid.....	3.5 mg
B12 (Adenosylcobalamin).....	50 mcg
B6 (Pyridoxal-5-phosphate).....	25 mcg
B1 (Thiamine Pyrophosphate).....	25 mcg
B2 (Flavin Adenine Dinucleotide).....	25 mcg
B3 (Nicotinamide Adenine Dinucleotide).....	25 mcg
PS-Omega 3 (Same as Vayarin).....	20 mg
Magnesium Ascorbate.....	24 mg
Magnesium L-Threonate.....	1 mg
Zinc Ascorbate.....	1 mg
Iron.....	1.5mg
Piperine (B-Vitamin Bioenhancer).....	500 mcg
CoQ10.....	500 mcg

# METHYLATION CHART

EnLyte/EnBrace HR combines all the coenzymes, cofactors, and omegas needed within the nerve cells to treat the biochemical root cause of ADHD, and the Complete Symptom Complex.



**NOTE:**

EnLyte Product Ingredients - Maroon  
End Point Benefits - Green

\*Kennedy, David O., B vitamins and the Brain: Mechanisms, Dose and Efficacy – A Review, Figure 2. The interlinked folate and methionine cycles.



## ADHD Heritability was found to be 80%, thus it is one of the highest inherited neuropsychiatric disorders

Ozturk, Yusuf, et al. "Relationships between Vitamin B12, Folate Levels and Clinical Features in Attention Deficit Hyperactivity Disorder." - The Journal of Pediatric Research, vol. 7, no. 3, 2020, p 257+

**50%**

of parents with an ADHD child also have the disorder

**70%**

hereditary suggested from family twin and adoption studies

**75%**

of those diagnosed with ADHD have genetic drivers

Dr. James Greenblatt, Integrative Psychiatrist - Author of Finally Focused

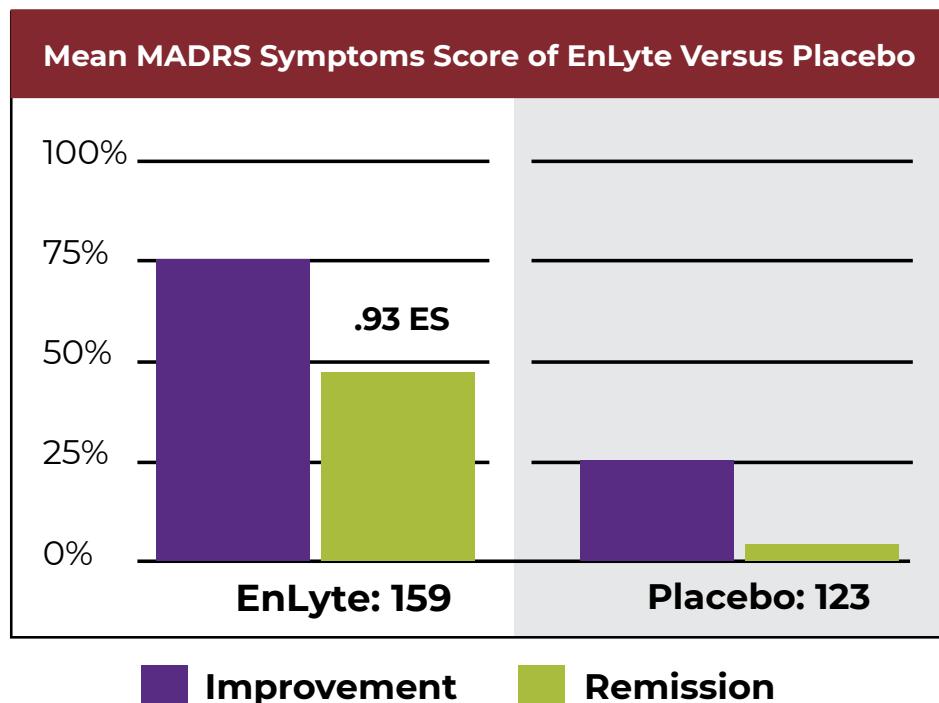
**MTHFR Polymorphism and 9 other methylation SNPs have been identified as a primary genetic component of ADHD. EnLyte circumvents MTHFR and other SNPs to normalize and balance neurotransmitters.**

### Published in the Journal of Clinical Psychiatry

Enlyte is proven in a 330 patient, placebo-controlled trial to circumvent the negative effects of the MTHFR gene defect allowing for the normalization of neurotransmitter production and remission of psychiatric pathology.

**No reported side effects were greater than the placebo group**

**Onset of Action: 2 Weeks**



\*Clinical Trial Participants: 330 Adult Patients with MDD and Positive for at least 1 MTHFR Polymorphism.

# ADDRESSING THE ADHD SYMPTOM TRIAD:

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## Focus, Emotional Dysregulation, and Psychiatric Comorbidities Adjunctively Clinical Data - A Case Series

A FARAH MD DFAPA, GAURI MADAN MD, CLINICAL PSYCHIATRY, 2021

**CASE 1:** A 14-year-old male, with ADHD, emotional dysregulation, and major depression, presented with despondency, dysphoria, avoidance of school, and initial insomnia. Daily EnLyte was added adjunctively to delayed release methylphenidate (20 mg a day). Depression resolved, MADRS decreased from 24 at presentation to 6 by week eight, as did insomnia, mood swings, and avoidant behaviors. Remission has continued for 2 years.

**CASE 2:** A 10-year-old male, with ADHD, presented on slow release and immediate release methylphenidate therapy (20 mg slow release each morning, and 5 mg immediate release when arriving home from school). "Moodiness, irritability, and feeling down most of the time," were listed as presenting complaints. Past trials of fluoxetine (10 mg a day) and escitalopram (20 mg a day) were perceived by parents as worsening the above symptoms. Enlyte daily was added to his stimulant therapy, resulting in a remission of MDD (MADRS of 21 to 6 by week 8) and overall symptom resolution, which is sustained over one year at present.

**CASE 3:** A 7-year old girl with ADD had benefited from 27 mg of extended release methylphenidate as far as focus and grade improvement, however, poor frustration tolerance led to anger outbursts, followed by remorse, periods of dysphoria, and guilty ruminations. Parents believed that the stimulant worsened the mood symptoms, and requested a decrease to 18 mg a day, which returned the emotional and mood issues to a baseline that was still problematic. Once daily Enlyte resolved these issues with only "minor flare-ups" within six weeks of therapy, and she has remained on the combination over two years.

**CASE 4:** A 7-year old boy was depressed following his parent's separation. His baseline status of ADHD, controlled with liquid methylphenidate, 25 mg a day, and usual struggles with difficulty modulating anger, and overall emotional control were exacerbated. Fluoxetine 10 mg a day was successful at reducing anger outbursts, but not for overall stabilization of moods. MADRS remained unchanged after 4 weeks of therapy. EnLyte was added, once daily, with improvement in symptoms, MADRS was reduced from 14 to 6 at the end of 12 weeks.



# Beyond its Proven Therapeutic Effect, EnLyte Fully Nourishes the Brain

## NUTRITIONAL DEFICIENCIES PLAGUE 90% OF ADHD KIDS

- Stimulants Reduce Appetite Affecting Nutrition
- SNRIs/SSRIs Increase Cravings that Alters Nutrition
- Stimulants Increase Excretion of Nutrients
- Drugs Impair Digestion, Absorption, and Storage
- Environmental Contaminants Deplete Nutrition
- Genetic Polymorphisms Cause Coenzyme Deficiencies

### PSYCHIATRIC MEDS DEPLETE

- Magnesium
- Iron
- Folates
- Omega 3s
- B1
- B12
- B6
- B2
- B3
- Zinc
- CoQ10

### ENLYTE SUPPLEMENTS

- + Magnesium 3 ways
- + Iron Mildly with Chelation
- + Methylfolate, Folinic Acid
- + Brain Omega same as Vayarin
- + B1 Coenzyme
- + B12 Coenzyme
- + B6 Coenzyme
- + B2 Coenzyme
- + B3 Coenzyme
- + Zinc Ascorbate
- + CoQ10

EnLyte can double as the best vitamin for general health benefits: Improving compliance and saving money!

# HOW TO PRESCRIBE

## STEP 1

### SUBMIT OUR ELECTRONIC FORM

Visit [www.enlyterx.com](http://www.enlyterx.com)

- Click "Prescribe Now"
- Fill out the required information
- Click "Submit."

*\*EnLyte and EnBrace HR will be available in your EMR, but the most cost-effective way to prescribe is by using the "Prescribe Now" button. This ensures your patients receive 60 days for just \$60, and the lowest price available moving forward.*

## STEP 2

### INFORM YOUR PATIENT

Let your patient know that a friendly customer care representative will contact them shortly to get started on EnLyte for just \$1 a day for the first 60 days.

## STEP 3

### WE TAKE CARE OF THE REST

A representative will contact your patient to arrange the initial **60-day trial for just \$60**, which will typically be shipped the same day.

#### REFILLS:

Our Medical Food Distributor will handle all refills to ensure uninterrupted care.



## DIFFERENT BRANDS IDENTICAL INGREDIENTS

- Available by Prescription
- Convenient Cash Pay Option also available

Gluten Free  
Dye Free  
Calcium Free  
Casein Free

Our Friendly Customer Service Team is Here to Help you Obtain Your EnLyte or EnBrace HR Prescription

**985-629-5825**  
**[www.Enlyterx.com](http://www.Enlyterx.com)**

**WE LOOK FORWARD TO  
SPEAKING WITH YOU!**

**NATURAL | SAFE | CLINICALLY PROVEN**

# TRUSTED BY MEDICAL PROVIDERS NATIONWIDE

Natural + Safe + Proven



“

*Realize that most kids with ADHD, at least two-thirds, have comorbidities. They have something else in addition to ADHD.”*

Andrew Farah, MD

## Clinically Proven

In one of EnLyte's important published clinical trials, participants with Major Depressive Disorder saw a 75% improvement and 42% remission compared to placebo.

## Results

“People first notice improved energy, focus, concentration and sleep and most begin to feel a difference in about 2 weeks”

Andrew Farah, MD

## EnLyte Helps with:

- Problems Concentrating
- Focus
- Disruptive/Aggressive Behavior
- Impulsivity
- Hyperactivity
- Irritability
- MTHFR Genetic Issues
- Sleep

## Safe Ingredients

EnLyte contains natural ingredients that are generally recognized as safe by the FDA. EnLyte is gluten-free, dairy-free, wheat-free, sugar-free, egg-free, with no artificial colorants.

## Dosing

The recommended dosing is (1) softgel in the morning or as recommended by your healthcare provider.



Learn more at [www.Enlyterx.com](http://www.Enlyterx.com)



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