

EnLyte[®]
Small Gel Cap
FDA Medical Food
EnLyterx.com

Same
Ingredients
2 Brands

EnBraceHR[®]
Small Gel Cap
PRESCRIPTION ONLY
EnBraceHR.com

Can Keep Them **“Happy For Life”**

*By Effectively Treating The Root Causes of Depression
Naturally and Safely*



Indication:

**Clinical Dietary Management
of Major Depressive Disorder**

Once-a-day dosing / No age restriction

TEAM METHYLATION

PRE-METABOLIZED COENZYMES AND COFACTORS: BRAIN READY INGREDIENTS

Most Diverse Folates: FDA 15mg DFE

L-Methylfolate Magnesium	7mg
Folinic Acid.....	2.5mg
Dihydrofolate	1mg

B Vitamins in their Bioactive Coenzyme Form

B12 (Adenosylcobalamin).....	50mcg
B6 (Pyridoxal-5-Phosphate).....	25mcg
B1 (Thiamine Pyrophosphate).....	25mcg
B2 (Flavin Adenine Dinucleotide).....	25mcg
B3 (Nicotinamide Adenine Dinucleotide)	25mcg
Bioperine (B Vitamin Bioenhancer)	25mg
Betaine (Trimethyl Glycine)	50mg

Minerals in their Bioactive Cofactor Form

Magnesium Ascorbate	24mg
Magnesium L-Threonate	1mg
Zinc Ascorbate	1mg
Iron (Ferrous Glycine Cysteinate)	1.5mg

Phospholipid Form–Brain Ready

PS-Omega-3 (Phosphatidylserine, EPA, DHA).....	23.3mg
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Absorption Enhancer

Sodium Citrate	10mg
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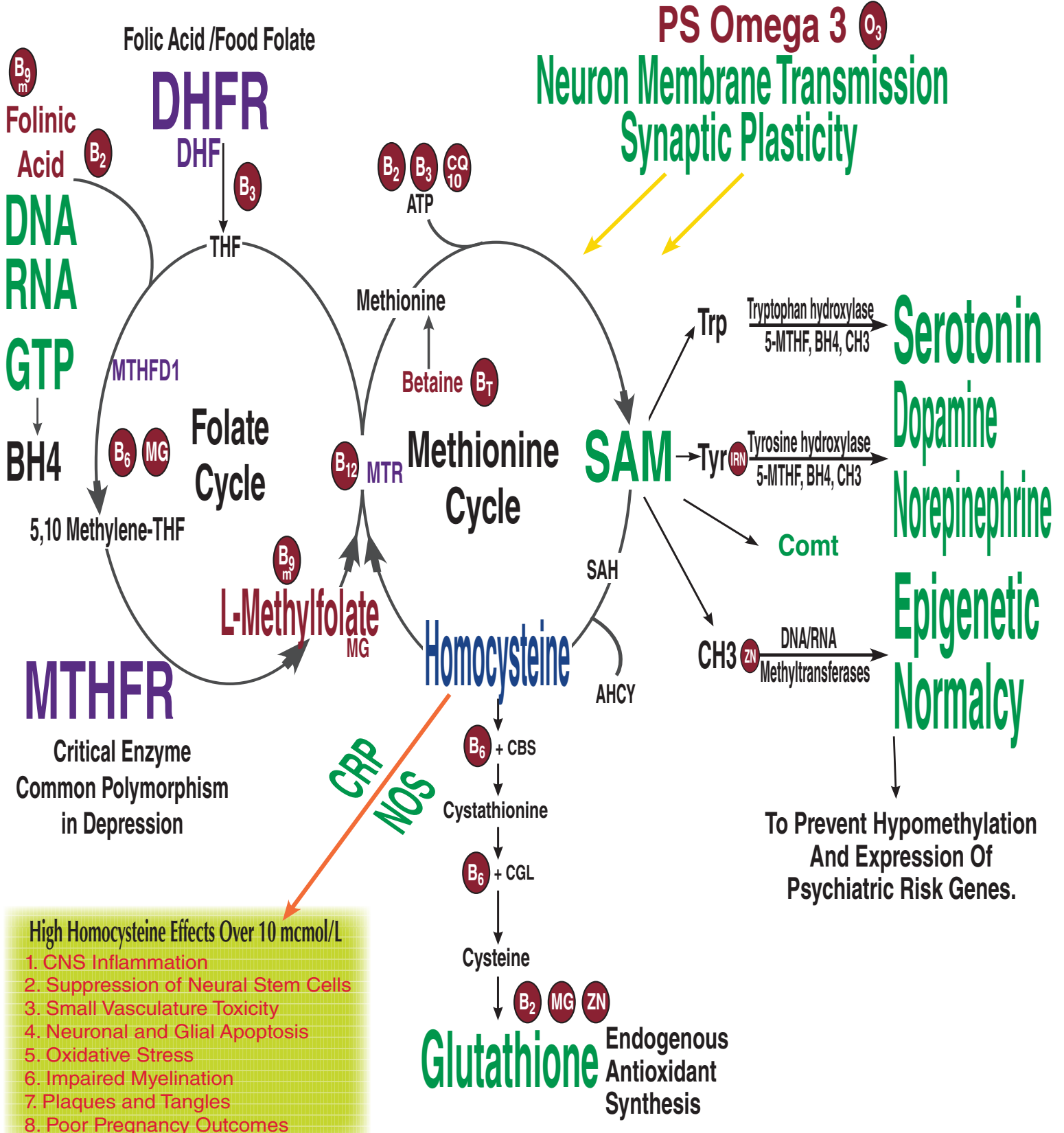
Energizer

CoQ10.....	500mcg
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Methylation Chart

EnLyte/EnBrace HR normalize and balance all co-enzyme/cofactor deficiencies and their biochemical endpoints no matter what the cause which converts to clinical wellness based on well controlled trials.

EnLyte, EnBrace HR Product Ingredients **Maroon** | Biochemical End Points **Green**



*Kennedy, David O., B Vitamins and the Brain: Mechanisms, Dose and Efficacy – A Review, Figure 2. The interlinked folate and methionine cycles.

THE JOURNAL OF CLINICAL PSYCHIATRY

MAY 2016

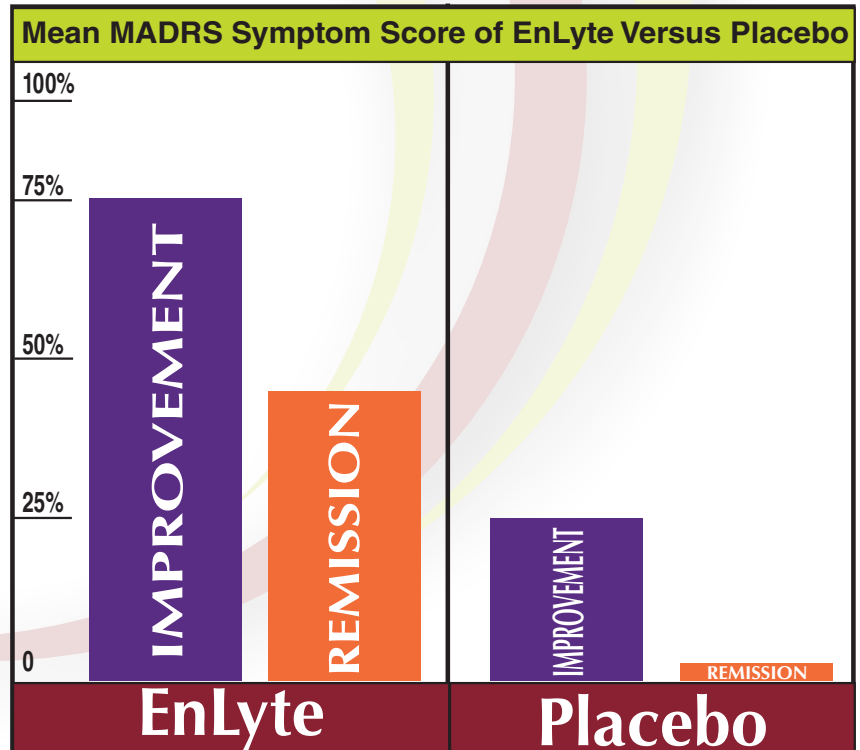
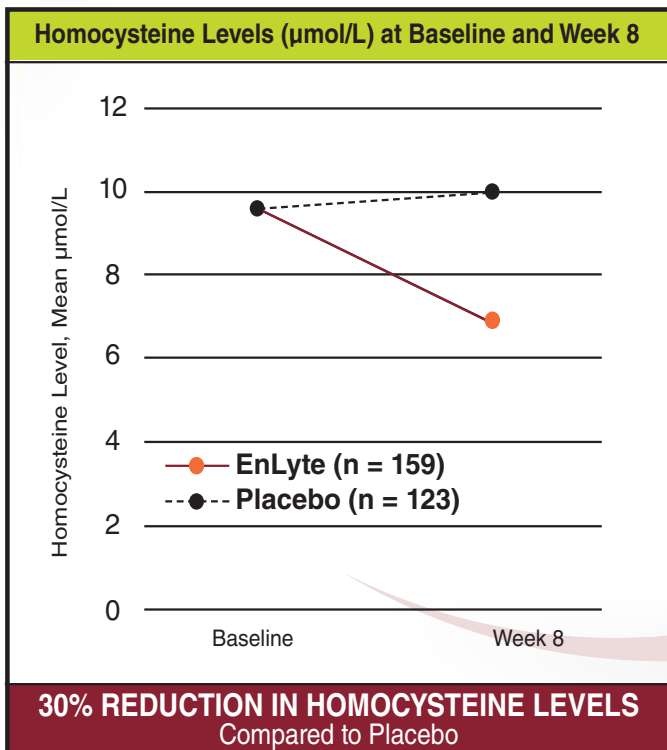
Correlation of Clinical Response With Homocysteine Reduction During Therapy With EnLyte/EnBrace HR in Patients With MDD Who Are Positive for MTHFR C677T or A1298C Polymorphism

Andrew Farah, MD

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ADULT PATIENT RANDOMIZED DOUBLE BLIND PLACEBO CONTROLLED STUDY

OBJECTIVE: This study was designed to evaluate the efficacy and safety of EnLyte/EnBrace HR as monotherapy in adults with major depressive disorder (MDD) who were also positive for at least 1 methylenetetrahydrofolate reductase (MTHFR) polymorphism associated with depression and further test the hypothesis that EnLyte/EnBrace HR will lower homocysteine in a majority of clinical responding patients.



NO SIDE EFFECT WAS REPORTED AT GREATER RATE THAN PLACEBO

ONSET OF ACTION 2 WEEKS

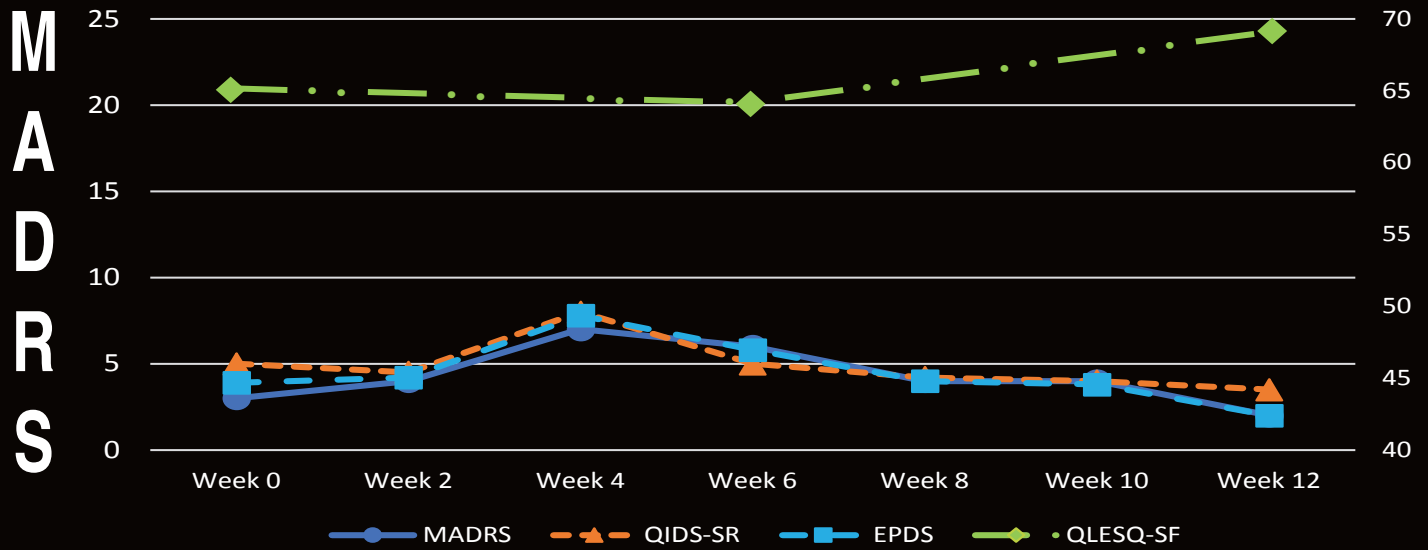


EnBrace HR For The Treatment and Prevention of Depression in Women Trying to Conceive and During Pregnancy



Marlene P. Freeman, MD et al, Annals of Clinical Psychiatry February 2019 | FDA Approved

Relapse Prevention Group: MDD, But Well at Baseline Due to SSRIs/SNRIs, Drug ADs Replaced With EnBrace HR at Pregnancy



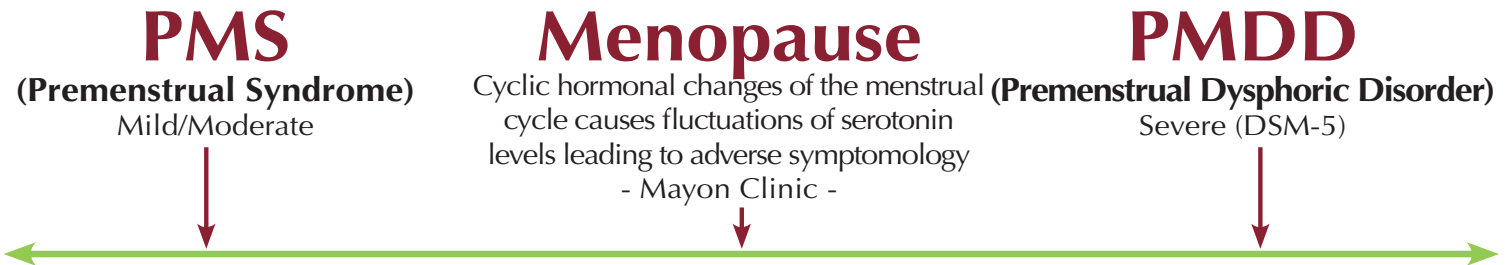
RESULTS:

Patients did not relapse to a major depressive episode or state compared to 63% that did in the Cohen Comparator.

CONCLUSION:

Study results suggest EnBrace HR is a novel and well tolerated intervention with efficacy for the prevention and treatment of depression among women planning pregnancy and who are pregnant.

Female Hormones Regulate Serotonin in The Female Brain! EnBrace HR normalizes and balances neurotransmitters in times of fluctuation and deficiency to treat:



Tension/Anxiety - Depressed Mood - Irritability/Anger - Appetite Changes - Cravings - Insomnia - Social Conflict Withdrawal - Feeling Overwhelmed - Hopelessness - Hot Flashes

Coenzyme Treatment of Childhood and Adolescent Depression and ADHD:

A Case Series

A. Farah MD, Gauri Madan MD, April 21, 2021

In Depression

- Indicated for MDD
- No Age Restriction
- Majority in Study Remitted
- No Side Effects Reported
- No Suicidal/Violent Thoughts

In ADHD

Treat “**Adjunctively**” with Stimulants to Address the “Whole Symptom Complex”

- Root Biochemical Cause
- Emotional Dysregulation
- Psychiatric Comorbidities
- Nutritional Deficiencies

“**Monotherapy**”

- Root Biochemical Cause
- In MTHFR SNP
- To Avoid Drug Side Effects
- During Drug Holiday

MDD Algorithm:

Andrew Farah MD, DFAPA

1. EnLyte 1 a day
2. Partial Goal, Week 3
Add Prozac 5-10 mg. a day
3. Partial Goal, Week 6, Each BID

ADHD Step-Care Algorithm:

Arwen Podesta MD, DFAPA, DFASAM

1. EnLyte 1 a day
2. Partial Goal, Week 4
Add Drug Non-Stimulant
Or Low Dose Drug Stimulant
3. Partial Goal, Week 8
Increase Drug Stimulant

ALL NATURAL SAFETY PROFILE

FDA Reported Side Effects	EnLyte	SSRI's	SNRI's
Weight Gain	No!	Yes	Yes
Loss of Libido, difficulty achieving erections, inability to reach orgasm	No!	Yes	Yes
Increased thoughts of suicide and aggression in adolescents & adults	No!	Yes	Yes
Drowsiness or Confusion	No!	Yes	Yes
Nervousness & Agitation	No!	Yes	Yes

Adapted from: Consumer Reports Best Buy Drugs. Using antidepressants to treat depression: comparing efficacy, safety and price. 2012

“90% of individuals with depression have lower serum/CNS folate levels than individuals without depression”

A. Bender et al, The Association of Folate and Depression A Meta Analysis, Journal of Psychiatric Research, 2017, 3470 Studies

CONTRIBUTORS TO FOLATE AND OTHER B VITAMIN COENZYME DEFICIENCIES

GENETIC	CONDITIONS	DRUGS	POPULATIONS
MTHFR SNPS	Gastric Bypass	Lamictal	Pregnant
C677T	Celiac Disease	Metformin	Post Partum
A1298C	Kidney Disease	Methotrexate	Breast Feeding
Known	Liver Disease	Corticosteroids	Elderly
Suspected	Diabetes	NSAIDs	ADHD/ASD
Family History	Cancers	Antibiotics	Hispanic
Mental Illness	Anemias	Anticonvulsants	Alcoholic
Miscarriages	Crohn's	Oral	Drug Addiction
Birth Defects	Psoriasis	Contraceptives	Smokers
Heart Disease	Eczema	Cholesterol	Child Bearing Age
Diabetes	Infection	Lowering	Depression
OTHER	Viral	Diuretics	Contaminants
B-Vitamin	or	H2 Antagonists	Low Socio
Non Tested	Bacterial	Phenytoin	Economic
Methylation	Cardiac	SSRIs	Poor Nutrition
Polymorphisms	Epilepsy	SNRIs	Vegetarian
Suspected	Seizures	Aspirin	Stressed

EnLyte and EnBrace HR are indicated as monotherapy or adjunctive therapy as determined by a licensed medical practitioner.

Adjunctive MDD Therapy:

1. Augment EnLyte for ALL patients from the start with all SSRIs and SNRIs to improve remission rates and reduce drop out.
2. Augment EnLyte to SSRIs and SNRIs for patients with a partial response to achieve better outcomes and safety compared to augmenting Atypical Antipsychotics.
3. Augment EnLyte for patients specifically with known or suspected MTHFR SNP, other methylation polymorphisms, low folate or B12 levels, inflammatory markers and or obesity.
4. Augment Enlyte with TMS or Ketamine in TRD Patients.
5. Augment EnLyte with SSRIs and SNRIs for drug dose reduction if desired.
6. Augment Enlyte with exercise and or lifestyle changes for mild/moderate depression or mood disorders.

Monotherapy MDD:

1. EnLyte for known or suspected MTHFR or other methylation polymorphisms or drug safety concerns or all-natural therapy desired.
2. Enlyte in children to avoid “Black Box Warnings”
3. EnLyte/EnBrace HR in and around pregnancy.
4. EnLyte as a “First Step Treatment”
5. Enlyte for suspected or known vitamin deficiencies for any reason.

HOW TO PRESCRIBE

STEP 1

USE OUR ONLINE PRESCRIBER FORM

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Visit www.enlyterx.com and click on “Prescribe Now!”

Fill in prescriber and patient information and then hit “submit”

STEP 2

WE WILL OFFER YOUR PATIENT THEIR FIRST BOTTLE AT A DISCOUNTED PRICE OF \$29.95

.....

We will also provide them with the insurance steps and help determine the most cost-effective option moving forward

STEP 3

IF IT'S COVERED ON INSURANCE, WE WILL CONTACT YOUR OFFICE WITH PRESCRIBING INFORMATION

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If your patient does not have coverage or has a high co-pay, we will offer our discounted cash-pay option for EnLyte (ENL). No further action is needed from your office.