



Complete, Broad Spectrum, Methylation Vitamin Coenzyme, Mineral Cofactor and PS Omega Ingredients:

Each EnLyte Gummy Contains 3.4 mg DFE (Dietary Folate Equivalent):

L-Methylfolate (Magnesium):	1.0 mg
Leucovorin (Folinic Acid):	1.0 mg
B12 (Methylcobalamin):	16.7 mcg
B6 (Pyridoxine Hydrochloride):	16.7 mcg
B1 (Thiamine HCl):	8.3 mcg
B2 (Riboflavin):	8.3 mcg
B3 (NAD):	8.3 mcg
DHA Omega Ahiflower Algal Oil Blend*:	2.7 mg
Phospholipid (Phosphatidylserine):	25 mg
Magnesium Citrate:	16.7 mg
Zinc Citrate:	6.7 mg

Total Sugar: 1 g

*Ahiflower seed oil supports circulating EPA levels

Other ingredients: Glucose syrup, cane sugar, agar, locust bean gum, natural berry flavor, lactic acid, malic acid, citric acid, fruit and vegetable juice (color), and monk fruit extract.

- Free of major allergens: Soy, Gluten, Dairy, Eggs, Peanuts, Tree Nuts, Sesame, Fish, and Shellfish.
- No artificial colorants, sweeteners, flavors, or preservatives