Professional Fact Sheet

Dosing: Ages 2–8: One (1) gummy in the morning, with or without food,

Consider EnLyte, an easy-to-swallow gelcap with no age restriction for older children.

Pill Type: Gummy (EZ-Chew, Excellent Taste)
Quantity: 30 Gummies Per Bottle

Each ENL Gummy Contains 3.23 mg DFE (Dietary Folate Equivalent):

L-Methylfolate (Magnesium): .....1 mg
Leucovorin.....900 mcg
B12 (Methylcobalamin): .....16.7 mcg
Phospholipid (phosphatidylserine): .....25 mg
DHA (from Ahiflower and Algal Oil Blend):.....2.7 mg
B6 (Pyridoxine Hydrochloride): .....16.7 mcg
B1 (Thiamine HCl): .....8.3 mcg
B2 (Riboflavin): .....8.3 mcg
B3 (NAD): .....8.3 mcg
Magnesium Citrate: .....16.7 mg
Zinc Citrate: .....6.7 mg

Ahiflower seed oil supports circulating EPA levels

Other ingredients: Glucose syrup, cane sugar, agar, locust bean gum, natural strawberry flavor, lactic acid, malic acid, citric acid, fruit and vegetable juice, and monk fruit extract.

- Free of major allergens: Soy, Gluten, Dairy, Eggs, Peanuts, Tree Nuts, Sesame and Shellfish.
- No artificial colorants, sweeteners, flavors, or preservatives