



Professional Fact Sheet

Dosing: Ages 2–8: One (1) gummy in the morning, with or without food,

EnLyte, an easy-to-swallow gelcap with no age restriction for older children.

Pill Type: Gummy (EZ-Chew, Excellent Taste)

Quantity: 30 Gummies Per Bottle

Each EnLyte Gummy Plus Contains 3.4 mg DFE (Dietary Folate Equivalent):

L-Methylfolate (Magnesium):	1.0 mg
Leucovorin.....	1.0 mg
B12 (Methylcobalamin):	16.7 mcg
Phospholipid (phosphatidylserine):	25 mg
DHA (from Ahiflower and Algal Oil Blend):.....	2.7 mg
B6 (Pyridoxine Hydrochloride):	16.7 mcg
B1 (Thiamine HCl):	8.3 mcg
B2 (Riboflavin):	8.3 mcg
B3 (NAD):	8.3 mcg
Magnesium Citrate:	16.7 mg
Zinc Citrate:	6.7 mg

Ahiflower seed oil supports circulating EPA levels

Other ingredients: Glucose syrup, cane sugar, agar, locust bean gum, natural strawberry flavor, lactic acid, malic acid, citric acid, fruit and vegetable juice, and monk fruit extract.

- Free of major allergens: Soy, Gluten, Dairy, Eggs, Peanuts, Tree Nuts, Sesame and Shellfish.
- No artificial colorants, sweeteners, flavors, or preservatives