



TRUSTED BY MEDICAL PROVIDERS NATIONWIDE

Natural + Safe + Proven



People first notice improved energy, focus, concentration & sleep and most begin to feel a difference in about 2 weeks."

Andrew Farah, MD

What is EnLyte?

EnLyte is a small gel cap containing all the brain-ready micronutrients needed to normalize and balance brain chemicals that regulate mood.

Clinically Proven

In one of EnLyte's important published clinical trials, participants with Major Depressive Disorder saw a 75% improvement and 42% remission compared to placebo*.

*Published in the Journal of Clinical Psychiatry, 2016

EnLyte Helps with:

- MTHFR Genetic Issues
- Depressed Mood
- Apathy/Loss of interest
- Anxiety/Worry
- Irritability
- Problems Concentrating
- Sleep

Safe Ingredients

EnLyte contains natural ingredients that are generally recognized as safe by the FDA and are gluten-free, dairy-free, wheat-free, sugar-free, egg-free, with no artificial colorants.

Dosing

The recommended dosing is (1) gel cap in the morning, when you wake up (on an empty stomach) or as recommended by your healthcare provider.